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Creutzfeldt-Jakob disease - sporadic form

Niklas Soderberg Campos¹, Vivian Siqueira Martimiano²,
Matheus Galletti Oliveira², René de Araújo Gleizer¹

¹ Hospital Israelita Albert Einstein, São Paulo, SP, Brazil.

² Faculdade Israelita de Ciências da Saúde Albert Einstein,
Hospital Israelita Albert Einstein, São Paulo, SP, Brazil.

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Corresponding author

niklas.soderberg@einstein.br

Introduction: Dementia is a syndrome characterized by cognitive and/or behavioral decline associated with significant functional impairment, predominantly affecting the population over 65 years of age. A subgroup of dementia syndromes has a more aggressive clinical course, leading to complete dependency within a few years, with Creutzfeldt-Jakob disease being the most predominant cause of rapidly progressive dementia.⁽¹⁾

Objectives: To present a clinical case, discuss the clinical presentation, diagnostic criteria, differential diagnoses, and the challenges of managing the case in a public hospital scenario in São Paulo. **Case Report:** A 53-year-old female patient was diagnosed with Creutzfeldt-Jakob disease at a public hospital in the state of São Paulo (Figure 1). **Conclusion:** Sporadic Creutzfeldt-Jakob disease is a rare encephalopathy with a fatal course. Reversible or treatable causes of rapidly progressive dementia should be ruled out through a comprehensive diagnostic investigation and a detailed clinical history to achieve an accurate and precise diagnosis. Tests such as Real-Time Quaking Induced Conversion and 14-3-3 protein measurement are not widely available in the public health system, leading to the underdiagnosis of sporadic Creutzfeldt-Jakob disease in Brazil.

REFERENCE

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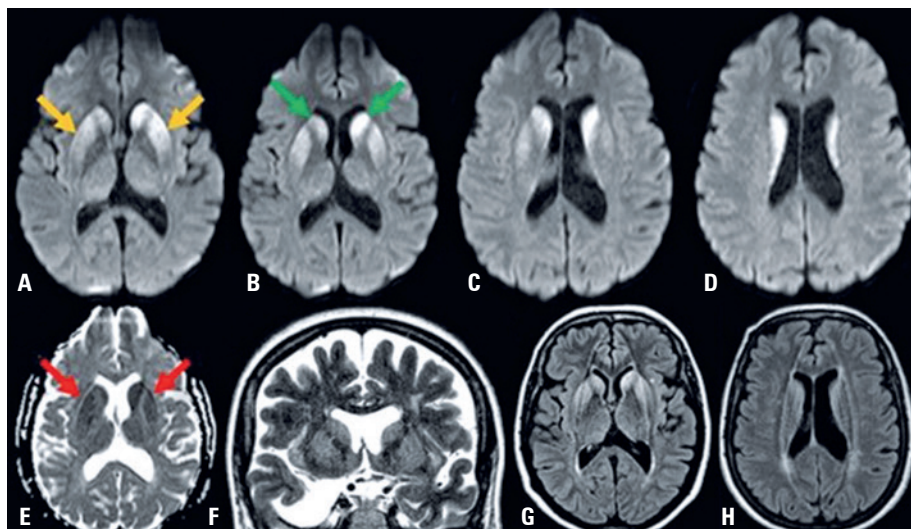


Figure 1. Creutzfeldt-Jakob disease